

WHY WE DO WHAT WE DO... AND DON'T DO WHAT WE COULD DO

1. BECAUSE WE HAVE NOTHING MORE COMPELLING TO DO.
FIND SOMETHING FAR BETTER TO DO AND YOUR BEHAVIOR CHANGES INSTANTLY.
2. BECAUSE OF THE REWARDS OR CONSEQUENCES THAT MOTIVATE US.
CHANGE BOTH ENOUGH, UNTIL YOU CHANGE.
3. BECAUSE OF THE PARTICULAR PERSONAL OPERATING SYSTEM (POS) WE USE.
WHAT IS YOUR POS? DOES IT NEED AN UPGRADE?
4. BECAUSE OF OUR PHYSICAL AND INTANGIBLE ENVIRONMENTS.
THE PHYSICAL UNIVERSE NEVER LIES. --ANON.
5. BECAUSE OF THE PEOPLE WITH WHOM WE SPEND OUR TIME.
THEY SAY YOU BECOME MOST LIKE THE 5 PEOPLE YOU SPEND THE MOST TIME WITH...
6. BECAUSE OF WHAT WE KNOW OR DON'T KNOW.
WHAT DON'T YOU KNOW THAT YOU WOULD BE WISE TO KNOW?
7. BECAUSE OUR VALUES ARE SEEKING TO BE FULLY EXPRESSED.
VALUES ARE THE ACTIVITIES AND INTERESTS THAT WE FIND MOST EXCITING.
8. BECAUSE OF OUR DEGREE OF SELF-AWARENESS.
WE DO WHAT WE CAN SENSE.
9. BECAUSE OF WHAT WE BELIEVE TO BE TRUE.
TRUTH IS EVOLVING VERY, VERY QUICKLY. KEEP UP.
10. BECAUSE OF THE ROLES THAT WE HAVE CHOSEN OR WE'VE BEEN GIVEN.
ROLES EITHER EXPAND OR CONTRACT YOU.
11. BECAUSE WE ARE ATTEMPTING TO COMPENSATE FOR SOMETHING.
WE'RE ALL TRYING TO COMPENSATE FOR SOMETHING. IT'S NATURAL, BUT KNOW YOURS.
12. BECAUSE OF OUR PERSONALITY.
PERSONALITY TRAITS TEND TO BE HARD-WIRED (GENES). MAKE THE MOST OF IT.
13. BECAUSE OF WHAT INSPIRES US.
SOURCES OF INSPIRATION CAN BE DISCOVERED AND CHOSEN.

14. BECAUSE OF OUR UPBRINGING AND CULTURE.

WE ARE BORN INTO A CULTURE THAT OFTEN DEFINES WHAT WE KNOW TO DO,

15. BECAUSE OF OUR BODY OF EXPERIENCES.

WHAT WE HAVE EXPERIENCED EITHER OPENS US UP OR CLOSES US DOWN. OR BOTH.

16. BECAUSE OF OUR QUEST FOR ENERGY, IN ITS MOST POWERFUL FORMS.

HOW CLEAN, SUSTAINABLE, AND NOURISHING ARE YOUR SOURCES OF ENERGY?

17. BECAUSE OF THE IDEAS THAT DETERMINE OUR THINKING.

NEW IDEAS LEAD TO CHANGE.

18. BECAUSE OF ADVERTISING.

WE ARE AFFECTED, LIKE IT OR NOT.

19. BECAUSE OF THE LEVEL OF INTEGRITY AT WHICH WE OPERATE.

THE HIGHER THE INTEGRITY, THE MORE EASILY LIFE OCCURS.

20. BECAUSE OF THE STRENGTH OF YOUR PERSONAL FOUNDATION.

WITH A STRONG FOUNDATION, WE HAVE MORE ENERGY WITH WHICH TO CREATE.

21. BECAUSE OF THE DEGREE OF ENCOURAGEMENT AND SUPPORT STRUCTURES.

WE NEED THESE TO BE OUR BEST. THEY ARE NOT OPTIONAL.

22. BECAUSE OF HOW BIG WE ARE ABLE TO THINK.

WHAT'S POSSIBLE CAN BE THE FLOOR, NOT THE CEILING.

23. BECAUSE OF THE QUALITY AND QUANTITY OF EDUCATION AND MONEY.

KNOWLEDGE AND CASH EXPAND WHAT YOU CAN DO.

24. BECAUSE OF OUR LEVEL OF OPENNESS AND RESPONSIVENESS.

ARROGANCE AND RESISTANCE LIMIT BEHAVIOR.

25. BECAUSE OF OUR COLLECTION OF SKILLS.

THE MORE YOU CAN DO, THE MORE YOU CAN DO.

26. BECAUSE WE CANNOT AFFORD TO MAKE CHANGES.

THUS, WE FALL INTO A RUT OR CYCLE THROUGH LIFE.



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